

PHYSICAL THERAPY AIDE

DISTINGUISHING FEATURES OF THE CLASS: This is non-technical work involving the performance of routine housekeeping and helper tasks. The work is performed under the instruction and supervision of a qualified Physical Therapist. A Physical Therapist Assistant may supervise an aide under the delegation of a Physical Therapist. Incumbents receive on-the-job training in routine physical therapy-related duties and procedures. Supervision of the work of others is not a responsibility of employees in this class. The incumbent performs routine tasks in support of a physical therapy program in a health care facility and assists in preparing and transporting clients for treatment. Does related work as required.

TYPICAL WORK ACTIVITIES: (Illustrative only)

Prepares clients for treatment and transports or accompanies them to treatment areas;
 As assigned, transports and adjusts physical therapy equipment;
 Assists clients with exercise movements or in changing position during treatment;
 Assists a Physical Therapist or Physical Therapy Assistant in restorative and rehabilitative treatments;
 Helps clients in carrying out their maintenance programs as directed by a Physical Therapist;
 Observes clients for safety and comfort and notifies Physical Therapist or Assistant of any change in clients' conditions;
 Cleans, repairs and stores physical therapy equipment and supplies;
 Prepares, cleans and maintains physical therapy and supportive areas;
 Assists in maintaining inventory of physical therapy supplies and equipment;
 Prepares and maintains records and reports as required.

FULL PERFORMANCE KNOWLEDGES, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS: Ability to acquire a working knowledge of basic principles and terminology of physical therapy; ability to acquire a working knowledge of the care and storage of apparatus and equipment used in physical therapy; ability to acquire a working knowledge of the problems and attitudes of ill, aged and handicapped persons; ability to learn to carry out assigned duties; ability to prepare and maintain simple non-medical forms and reports; sufficient physical strength to support and lift adult clients; ability to understand oral and written instructions; physical condition commensurate with the demands of the position.

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MINIMUM QUALIFICATIONS: Graduation from high school or possession of a high school equivalency diploma AND EITHER:

1. Certification in good standing as a residential health care facility nurse's aide; or
2. Possession of a license issued by the State of New York to practice as a Licensed Practical Nurse; or
3. Possession of a New York State Registered Professional Nurse's License.

REVISED: SEPTEMBER 15, 2004

CIVIL SERVICE CLASSIFICATION: NON-COMPETITIVE