

The Sex Drive, Week #10



Ask your kids what they want to know about sex.

FLX 
SEXUAL HEALTH
COALITION

Congratulations, you have made it through The Sex Drive! Hopefully you and your kids have had some good conversations in the car. This week, check in with them to see what topics you may have missed.

Examples

Ask your 8-9 year old, "You've grown a lot lately; do you have any questions about how your body will change as you get older?" "Are you worried about how you might look or feel?"

Ask your teen, "Are you getting enough information about sex in health class? Are there things you want to know more about?" "What concerns do you have about being in a relationship someday?"

Ask your older adolescent, "I wish Grandma or Grandpa had given me a little more information about sex when I was your age. Do you have the information you need?" "Are you hearing things about sex from your friends that don't seem to add up? Want to run them by me?"

When sixth graders were asked what they wanted to know about sex, they responded:

- *How come moms are so hard to talk to about sex?*
- *What were their feelings during puberty?*
- *Just tell them that we are uncomfortable too and that the more we talk about it, the easier it gets.*
- *Kids need to know a lot of stuff about sex because a lot of sixth graders are going to think the wrong stuff.*

Every family & every child are different. What works for one, may not work for another. Pick an article or two from the list below for more specific information from a variety of sources.

Article	Source
What Teens Really Want to Know about Sex	IDEAS.TED.COM (Al Vernacchio)
Teen Sex	PARENTS, On-line Resources
Questions and Answers about Sex	Kids Health
Talking to Your Parents	I Wanna Know