

The Sex Drive, Week #8



Talk to your kids about birth control and family planning.

FLX 
SEXUAL HEALTH
COALITION

Examples

Ask your 8-9 year old, "What do you think it will be like to have kids someday?"
"How do you think people decide how many kids to have?"

Ask your teen, "Why do girls in middle or high school sometimes get pregnant?"
"Whose 'fault' is it?" "Who is responsible for the baby?" "What sort of information are you getting at school about birth control?" "Where can you get more information when you need it?"

Ask your older adolescent, "Do teen couples who have a baby usually end up together?" "How does having a baby affect a mom's or dad's education and career plans?" "What birth control method do you think would be best for you now or in the future?"

Having a sexually active teenager may seem less than ideal, but a pregnancy during adolescence can be devastating. Teen moms and dads achieve less education and earn less money than older parents. Children of teens more often:

- Drop out of school or become incarcerated during adolescence
- Get pregnant during their teen years
- Suffer unemployment as young adults
- Experience health problems

Every family & every child are different. What works for one, may not work for another. Pick a link or two from the list below for more specific information from a variety of sources.

| Article | Source |
|---|-----------------------|
| About Birth Control: What Parents Need to Know | Kids Health |
| Birth Control Methods | Medline Plus |
| Birth Control Methods | Planned Parenthood |
| The National Campaign to Prevent Teen Pregnancy | The National Campaign |
| Birth Control Methods | It's Your Sex Life |

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